

**ACTIVITIES  
DIARY  
Jan-20**



**Sunningdale Care Home**

Day	Date	Morning	Afternoon
Sunday	01/01/2020	NY DAY PARTY	NEW YEAR BINGO
Monday	02/01/2020	MANICURES	SKITTLES
Tuesday	03/01/2020	OUT FOR LUNCH	ELEANOR MATLEY
Wednesday	04/01/2020	ARTS & CRAFTS	GENTLE EXERCISE
Thursday	05/01/2020	BALLOON TENNIS	ELEANOR MATLEY
Friday	06/01/2020	HAIRDRESSER	BISCUIT DECORATING
Saturday	07/01/2020	FLOWER ARRANGING	SENSORY PLAY
Sunday	08/01/2020	NEW YEAR BINGO	SIMON PARTRIDGE
Monday	09/01/2020	OUT FOR LUNCH	ARTS & CRAFTS
Tuesday	10/01/2020	BALLOON TENNIS	DINING OUT
Wednesday	11/01/2020	WORD GAMES	MOVIE
Thursday	12/01/2020	GARDEN CENTER VISIT	PARACHUTE GAMES
Friday	13/01/2020	HAIRDRESSER	SENSORY PLAY
Saturday	14/01/2020	FLOWER ARRANGING	MANICURES
Sunday	15/01/2020	WORD GAMES	LINDA PELLING
Monday	16/01/2020	OUT FOR LUNCH	ARTS & CRAFTS
Tuesday	17/01/2020	CARD GAMES	BINGO
Wednesday	18/01/2020	BALLOON TENNIS	GENTLE EXERCISE
Thursday	19/01/2020	SONGS OF PRAISE	ARTS & CRAFTS
Friday	20/01/2020	HAIRDRESSER	DINING OUT
Saturday	21/01/2020	FLOWER ARRANGING	MANICURES
Sunday	22/01/2020	BINGO	LION LEARNERS
Monday	23/01/2020	SHARING MEMORIES ?	MOVIE
Tuesday	24/01/2020	OUT FOR LUNCH	WORD GAMES
Wednesday	25/01/2020	HAND MASSAGE	BURNS NIGHT/CHINESE NY
Thursday	26/01/2020	MOVIE	SKITTLES
Friday	27/01/2020	HAIRDRESSER	AEROMATHERAPY
Saturday	28/01/2020	FLOWER ARRANGING	MANICURES
Sunday	29/01/2020	QUIZ	TONY WALL
Monday	30/01/2020	ARTS & CRAFTS	MUSIC & MOVEMENT
Tuesday	31/01/2020	CARD GAMES	LION LEARNERS