













**ACTIVITIES**  
**DIARY**  
**Aug-23**



**Sunningdale Care Home**

|           | Date       | Morning   | Afternoon   |
|-----------|------------|---|---|
| Monday    | 31/07/2023 | WORDSEARCH             | CLASSIC CINEMA         |
| Tuesday   | 01/08/2023 | HAND MASSAGE           | EASY LISTENING         |
| Wednesday | 02/08/2023 | HAIRDRESSER            | BINGO                  |
| Thursday  | 03/08/2023 | CARD GAMES            | LIVE ARTIST            |
| Friday    | 04/08/2023 | GENTLE EXERCISE        | SNAKES & LADDERS       |
| Saturday  | 05/08/2023 | CREATIVE DRAWING      | COFFEE MORNING         |
| Sunday    | 06/08/2023 | SUNDAY PAPERS         | PAINTING               |
| Monday    | 07/08/2023 | MANICURES             | MUSIC & MOVEMENT       |
| Tuesday   | 8//8/23    | DOMINOES              | ARTS & CRAFTS          |
| Wednesday | 09/08/2023 | HAIRDRESSER           | BINGO                 |
| Thursday  | 10/08/2023 | BISCUIT DECORATING  | QUIZ                 |
| Friday    | 11/08/2023 | CARPET BOWLS        | LIVE ARTIST          |
| Saturday  | 12/08/2023 | HAND MASSAGE         | CHEESE & WINE        |
| Sunday    | 13/08/2023 | PUZZLES             | BOWLS                |
| Monday    | 14/08/2023 | WORD GAMES          | ARTS & CRAFTS EMOJI  |
| Tuesday   | 15/08/2023 | CARD GAMES          | LIVE ARTIST          |
| Wednesday | 16/08/2023 | HAIRDRESSER          | BINGO                |
| Thursday  | 17/08/2023 | QUIZ                | ARTS & CRAFTS        |
| Friday    | 18/08/2023 | DOMINOES            | FLOWER ARRANGING     |
| Saturday  | 19/08/2023 | SENSORY PLAY        | PET THERAPY          |
| Sunday    | 20/08/2023 | PUZZLES             | WORLD CUP FINAL      |
| Monday    | 21/08/2023 | MANICURES           | CHOC FOUNTAIN        |
| Tuesday   | 22/08/2023 | EASY LISTENING      | BOWLS                |
| Wednesday | 23/08/2023 | CARPET BOWLS        | WORD GAMES           |

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| Thursday  | 24/08/2023 | GENTLE EXERCISE     | LIVE ARTIST         |
| Friday    | 25/08/2023 | WORDSEARCH         | BINGO              |
| Saturday  | 26/08/2023 | SENSORY PLAY      | ARTS & CRAFTS     |
| Sunday    | 27/08/2023 | PUZZLES           | WORD GAMES        |
| Monday    | 28/08/2023 | WORDSEARCH        | CLASSIC CINEMA    |
| Tuesday   | 29/08/2023 | HAND MASSAGE      | KARAOKE           |
| Wednesday | 30/08/2023 | HAIRDRESSER       | BINGO             |
| Thursday  | 01/09/2023 | CARD GAMES       | LIVE ARTIST       |
| Friday    | 02/09/2023 | GENTLE EXERCISE   | SHARING MEMORIES  |
| Saturday  | 03/09/2023 | CREATIVE DRAWING  | BAKING CAKES      |
| Sunday    | 04/09/2023 | SUNDAY PAPERS     | PAINTING          |