

ACTIVITIES
DIARY
Aug-25



Sunningdale Care Home

	Date	Morning		Afternoon
Friday	01/08/2025	BIRTHDAY CELEBRATIONS	TRIP TO TOWN	HI / LOW
Saturday	02/08/2025	CARD GAMES	MOVIE	SENSORY PLAY
Sunday	03/08/2025	SUNDAY PAPERS	SNAKES & LADDERS	QUIZ
Monday	04/08/2025	KNIT & NATTER	MANICURES	WORDSEARCH
Tuesday	05/08/2025	HOME BAKING	POTTING PLANTS	EASY LISTENING
Wednesday	06/08/2025	WORDSEARCH	OUT TO MUSEUM	BINGO
Thursday	07/08/2025	GENTLE EXERCISE	RELAXING/ WATCHING TV	LIVE ARTIST
Friday	08/08/2025	BISCUIT DECORATING	INDOOR BASKETBALL	REMINISCENCE
Saturday	09/08/2025	BOWLS	DOMINOES	PUZZLES
Sunday	10/08/2025	SUNDAY PAPERS	HI / LOW	MOVIE
Monday	11/08/2025	KNIT & NATTER	MANICURES	BAKING CAKES
Tuesday	12/08/2025	POTTING PLANTS	GAMES DAY	GENTLE EXERCISE
Wednesday	13/08/2025	HAIRDRESSER	EASY LISTENING	QUIZ
Thursday	14/08/2025	HAND MASSAGE	RELAXING/ WATCHING TV	LIVE ARTIST
Friday	15/08/2025	CARPET BOWLS	ARTS & CRAFTS	DOMINOES
Saturday	16/08/2025	CREATIVE DRAWING	IPAD GAMES	KARAOKE
Sunday	17/08/2025	REMINISCENCE	PET THERAPY	SUMMER FETE
Monday	18/08/2025	KNIT & NATTER	MANICURES	PAINTING
Tuesday	19/08/2025	POTTING PLANTS	FLOWER ARANGING	VICAR VISIT
Wednesday	20/08/2025	HI / LOW	TRIP TO TOWN	BINGO
Thursday	21/08/2025	ARTS & CRAFTS	WORD GAMES	LIVE ARTIST
Friday	22/08/2025	SENSORY PLAY	CREATIVE DRAWING	RELAXING/ WATCHING TV
Saturday	23/08/2025	WORDSEARCH	PUZZLES	DOMINOES
Sunday	24/08/2025	SUNDAY PAPERS	QUIZ	MOVIE
Monday	25/08/2025	KNIT & NATTER	MANICURES	REMINISCENCE
Tuesday	26/08/2025	HOTDOG DAY	TRIP TO TOWN	PAINTING
Wednesday	27/08/2025	HAIRDRESSER	AFTERNOON TEA	BINGO
Thursday	28/08/2025	GENTLE EXERCISE	BIRTHDAY CELEBRATIONS	LIVE ARTIST
Friday	29/08/2025	ARTS & CRAFTS	BALLOON TENNIS	PAINTING
Saturday	30/08/2025	DOMINOES	COCKTAIL MAKING	RELAXING/ WATCHING TV
Sunday	31/08/2025	SUNDAY PAPERS	QUIZ	MOVIE